

**District 6**

***Greater Lowell CISM Team***

Tom Greenhalgh, Co-Coordinator  
Mike Curran Co-Coordinator  
833-444-CISM

**District 7**

***Central Mass CISM Team***

Bill Bernhard, Coordinator  
508.387.0937

**District 8**

***Montachusetts CISM Team***

Pete Stone, Gregg Sculthorpe  
Co-coordinators  
508.899.0055

**Districts 9,10,11,12**

***Western MA CISM Team***

Lisa Herringshaw Interim  
Coordinator 413.586.6065

**District 13**

***Boston Fire-MetroFire  
CISM Peer Support Team***

Charlie Popp, Coordinator  
Dick Ryan, Coordinator 617.343.2880

**District 14**

***Concord/Carlisle CISM***

David Flannery, Coordinator  
978.369.1442

**Additional Teams/Groups  
Serving The Network**

***WINGS CISM***

Kathy Minehan, Coordinator  
617.416.0773

***Boston Police CISM/Peer Support***

Mark Freire/Peter Moscaritolo Coordinators  
617.594.9313/617.594.5175

***Boston EMS CISM Team***

Pat Calter, Coordinator  
781.831.3223

***DCR***

Dwayne Erickson, Coordinator  
617.647.1025

***MA Corps Fire Chaplains***

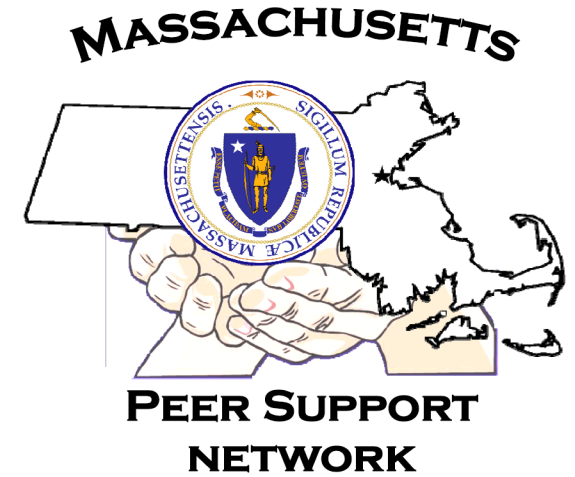
James Tilbe, Chief Chaplain  
774.696.4587

***Cambridge Fire CISM Team***

(City of Cambridge)  
Emerg. 781.632.0401  
David House  
Pat Haggerty  
Diane Moran

***SEMLEC Law Enforcement Team***

Rob Swartz, Coordinator  
508-658-2478



**If you need assistance  
Network members are on-call 24/7**

**508-820-2000**

*Our mission is to provide peer assistance to all emergency service personnel within the Commonwealth before, during or after a critical incident, regardless of race, gender or age.*

**Charlie Popp, Coordinator**

617-967-4141(c) 24/7

**Jim Leary, Coordinator**

508-404-7301 (c)

**David Clemons  
Operations Section Chief  
DFS/CISM Liaison**

978-567-3179 (office)

### **What is a Critical Incident?**

Any event that has the potential to create significant human distress and can overwhelm one's usual coping mechanisms. This will vary greatly from person to person and may change over time.

### **Some Possible Critical Incidents**

Line of Duty Death  
Suicide of a Working Colleague  
Death / Serious Injury of a Child  
Discharge of a Firearm  
Prolonged Failed Rescue  
Mass Casualty Incidents  
Victim Known to Responder  
Personal Safety Jeopardized  
Excessive Media Coverage

### **How Do We React to These Events?**

Often reactions to Critical Incidents fall into five categories. It is not unusual for one, or all members of the department to experience some or all of these reactions.

### **Cognitive Reactions**

Decision making difficulties  
Confusion  
Disorientation  
Concentration  
Memory loss  
Unable to perform multiple tasks  
Flashbacks

### **Behavioral Reactions**

Sleep Disturbance  
Withdrawal  
Family Discord  
Crying Spells  
Hyper-vigilance  
Hyperactivity  
Alcohol / Drug Use (Change)

### **Physical Reactions**

Muscle Tremors  
Headaches  
Backaches  
Loss of coordination  
Nausea  
Upset stomach

### **Emotional Reactions**

Anxiety  
Fear  
Feeling overwhelmed  
Feeling detached from reality  
Anger  
Resentment  
Grief  
Guilt  
Melancholy

### **Spiritual Reactions**

Anger at God  
Withdrawal from Faith-based  
Community  
Cessation of Faith-Related Practices

**The MA Peer Support Network** seeks to lessen the impact of such stress reactions through a variety of interventions provided by fully trained peer support personnel.

**District Teams serve the towns within their fire district.**

### **District 1**

#### ***Cape & Islands CISM***

Chrystal LaPine, Coordinator  
508-563-4200

### **District 2**

#### ***Plymouth County CISM***

Debi Ladd, Coordinator  
508.747.1779

### **Districts 3&4**

#### ***Bristol/Norfolk Team***

Keith H. Jackson, Coordinator  
508.285.5380

### **District 5&15**

#### ***Metro-Boston CISM***

Dave Mondy, and John Doucette  
857-246-8577

***All services are rendered taking the greatest care to maintain the highest levels of personal integrity, confidentiality and to do no harm***

